

## How to Select a Primary Care Physician (PCP)

One of the ways to most effectively manage your health is through a personal relationship with a Primary Care Physician (PCP). **If you enroll in the Primary or Primary + medical plans, you must have a PCP on file for yourself and your covered family members before seeking medical care.**

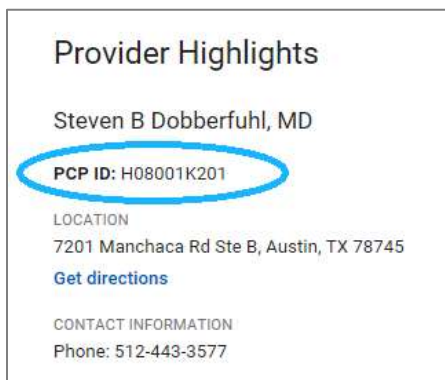
- A PCP can be family practice, general practice, internal medicine, pediatrician, or OB/GYN.
- Your PCP must refer you to see any specialists. Exception: A referral is not needed to see an OB/GYN.
- Each covered family member can have a different PCP, or the same PCP.

### If you are currently enrolled in the Primary or Primary + plan:

- Your current PCP ID # (as of May 15, 2024) is displayed in our enrollment system for your reference. For real-time PCP information, please login to Blue Access for Members to view your current PCP. If this PCP is correct, then no action is needed.
- If you need to change your PCP, please contact a BCBSTX Personal Health Guide at 1-866-355-5999 or you may make the update online through Blue Access for Members.

### For new enrollments, you may choose a participating PCP by following the instructions below:

- Click on the [Provider Search link](#) and select the appropriate plan
- Search by doctor in the desired zip code
- Find the **10-digit PCP ID** for your physician (see image below)
- Copy and paste the PCP ID into the PCP field in our online enrollment portal
  - No special characters or lower case letters



You will receive an ID card with your PCP's name on it.

